**SENIOR ADVISORY COMMITTEE**

**Gus Velasco Neighborhood Center**

**Tuesday, March 11, 2025**

**9:30 a.m.**

**MINUTES**

1. CALL TO ORDER – Chairperson Janie Aguirre called the meeting to order at 9:31 a.m.
2. ROLL CALL

*Members Present:* Gilbert Aguirre, Janie Aguirre, Dolores Duran, Hilda Zamora, Astrid Shesterkin, Josefina Lara, Paul Nakamura, Yoko Nakamura, Nancy Krueger, and Gloria Maghame.

*Members Absent:*

*Staff:* Jose Carrillo, Community Services Supervisor/Executive Secretary

Ed Ramirez, Community Services Manager

Noah Jimenez, Community Services Administrative Assistant

*Guests:* None.

1. PLEDGE OF ALLEGIANCE – Paul Nakamura
2. ORAL COMMUNICATIONS

None.

1. APPROVAL OF MINUTES

A motion was made by Dolores Duran and seconded by Gilbert Aguirre to approve the minutes for the February 11, 2025 meeting.

1. PRESENTATIONS

Jose Carrillo provided an update on the older adult program's excursion offerings, highlighting past trips to Olvera Street, the LA Farmers Market, and an upcoming visit to the Citadel outlets. He opened the floor for suggestions on future excursion locations, stressing the importance of keeping these trips free or very low-cost to avoid deterring participants.

The committee discussed a casino excursion, and Jose suggested future trips to Little Tokyo, Venice Beach, and Santa Monica, offering activities like walking, dining, and relaxation. He emphasized keeping excursions within LA and Orange Counties to avoid long travel times. Eddie Ramirez highlighted the importance of maintaining affordability, particularly by avoiding costs, was crucial to ensuring accessibility for all participants.

1. EXECUTIVE SECRETARY REPORT
2. Jose Carrillo announced a volunteer opportunity to fold clothes at the Children's boutique on March 18, 19, and 20, from 9 a.m. to noon. He also provided details about the Children's boutique event on March 26, which will run from 12 to 4 p.m., and requested volunteers to help set up and run the event
3. Jose Carrillo explained the new citywide scheduling changes, where he now works Monday through Thursday, and Moy Morales works Tuesday through Friday. Eddie Ramirez elaborated on the citywide 4/10 schedule (4 days a week, 10 hours a day), which provides employees with more days off. He also clarified that the new schedule was not related to budget cuts but was an administrative approach to managing city facilities.
4. OLD BUSINESS
5. Eddie Ramirez addressed concerns about the running track’s availability during non-school hours, explaining that it was open after school and during summer breaks. Hilda Zamora raised issues about the closed bathrooms at the Betty Wilson Center, and Eddie agreed to follow up with Parks and Recreation. Gloria Magame suggested putting up signs to inform seniors about the track’s availability, and Eddie agreed to look into it. Janie Aguirre and Maria Rocha discussed the importance of maintaining security for students and the public and seeked clarification on the policy regarding dogs at the track.
6. NEW BUSINESS

None.

1. DEPARTMENT OF COMMUNITY SERVICES REPORT

Executive Secretary Carrillo provided a brief overview of the older adult programming that is currently in session and the upcoming programs.

1. *Family and Human Services Division Program and Project Updates*
2. Bingo takes place Tuesdays – Fridays (unless there is a Friday activity) from 9:00 – 11:30 a.m. Card sales are from 9:00 – 9:30 a.m., and games run from

9:30 – 11:30 a.m. Each card costs 50 cents.

1. Games and Fun takes place Tuesdays and Thursdays from 9:00 – 11:30 a.m. This includes classic games such as Uno, Connect Four, Jenga, checkers, and more.
2. Birthday Cake Celebrations take place on the last Wednesday of the month at

11:45 a.m. The next celebration will be March 26.

1. Café con José takes place on the last Thursday of each month at 11:45 a.m. The next session will be on March 27, offering a chance for feedback on programs and ideas for new activities.
2. Movin' N' Groovin' Chair Exercise classes take place on Mondays and Wednesdays through April 30 from 8:15 – 9:15 a.m.
3. Pickleball takes place on Mondays and Wednesdays from 9:00 – 10:30 a.m. at the Activity Center Gym.
4. Latin Dance Cardio takes place on Mondays and Wednesdays from

10:00 – 11:00 a.m. at the GVNC. The class is free for residents, but non-residents now pay $5 per class (previously $3).

1. Yoga takes place on Mondays from 1:00 – 2:20 p.m. at the GVNC.
2. Garden Fun Under the Sun takes place on Mondays from 8:30 – 11:00 a.m. in the Zen Garden.
3. The Older Adults Sock Hop Dance will take place on March 14 from

9:00 a.m. – 12:00 p.m. Residents can register starting March 3, and non-residents can register starting March 10.

1. The Disney Dance will take place on April 11th from 9:00 a.m. – 12:00 p.m. Residents can register starting April 1st, and non-residents can register starting April 8th.
2. There will be an excursion to Citadel Outlets on Friday, April 4th from 12:30pm – 5:30pm. Residents can register beginning March 3rd, and non-residents can register starting March 17th.
3. Machine Sewing Classes will take place the first and third Monday of the month through April 21 from 8:30 – 11:30 a.m. at the GVNC in the Ontiveros Room.
4. Panoramic Picture Day will take place on February 26 at 11:20 a.m. at the GVNC.
5. Karaoke will take place on Friday, April 11th from 9:00 a.m. – 11:20 a.m.
6. Bunny Bingo and Easter Events will be on Wednesday, April 16th from 9:30am – 11:15a. Registration began on February 3rd.
7. No Bake Cheesecake class runs from March 25th to April 15th on Tuesdays, and registration opened on March 3rd.
8. Rock Painting class runs from March 26th to April 16th on Wednesdays, and registration began on March 3rd.
9. Tile and Mosaic Crafts class runs from March 27th to April 17th on Thursdays, and registration opened on March 3rd.
10. FUTURE AGENDA ITEMS
11. MEMBERS COMMENTS/ANNOUNCEMENTS

Hilda Zamora promoted an upcoming event organized by the Little Lake Educational

Advance Foundation

1. ADJOURNMENT – CHAIRPERSON JANIE AGUIRRE

Chairperson Janie Aguirre adjourned the meeting at 10:47 a.m

**The Next Meeting of the Senior Advisory Committee will be held in-person at the Gus Velasco Neighborhood Center on May 13, 2025.**

Text, letter

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Jose Carrillo, Executive Secretary Noah Jimenez, Administrative Assistant II